

מִצְוֹת
לֹא יַעֲשֶׂה
#157

 We learn this mitzvah from Parshas Matos: (במדבר ויה) (במדבר ויה)

לֹא יַחַל דְּבָרוֹ כְּכֹל הַיֵּצֵא מִפִּיּוֹ יַעֲשֶׂה

In today's *Sefer Hamitzvos*, we learn that it is *asur* to NOT do something we said we would.

So if a person said that all cookies are *asur* for him, or if he said he would give \$50 to *tzedakah*, or buy a raffle ticket for the school — it's an *aveira* to eat the cookies, or not give the *tzedakah*, or not buy the raffle ticket!



The details of this mitzvah are explained in Mishnayos & Gemara:
Mesechta Nedarim

Rambam: Hilchos Nedarim

PEREK ZAYIN

What happens if someone makes a *neder* not to get ANYTHING from someone? What is he not allowed to take from this person, and what are the times when he can?

PEREK CHES

We learn that the *halacha* is based on what was happening and what the person was thinking when he made the *Neder*, and not just what he says!

PEREK TES

Depending on what words a person uses, the *neder* might mean different things. Like if a person would say that grapes are *asur* for him, would that also include grape juice and wine?