

מִצְוֹת  
לֹא תַעֲשֶׂה  
#202

 We learn this mitzvah from Parshas Naso: (במדבר ו:ג)

וְכֹל מִשְׁרַת עֲנָבִים  
לֹא יִשְׁתֶּה

A *Nazir* can't drink wine or any other drink that was made with grapes. He can't even have wine vinegar!

מִצְוֹת  
לֹא תַעֲשֶׂה  
#203

 We learn this mitzvah from Parshas Naso: (במדבר ו:ג)

וְעֲנָבִים לַחִים ...  
לֹא יֹאכֵל

A *Nazir* can't eat grapes.

מִצְוֹת  
לֹא תַעֲשֶׂה  
#204

 We learn this mitzvah from Parshas Naso: (במדבר ו:ד)

וַיִּבְשִׂים לֹא יֹאכֵל

A *Nazir* can't eat raisins (because they are dried grapes!).

## Rambam: Hilchos Nezirus

### PEREK GIMMEL

How long is a person a *Nazir* for? It depends — he is allowed to decide how long he wants to be a *Nazir* for. But if he doesn't say how long, he is a *Nazir* for 30 days.

### PEREK DALED

At the end of being a *Nazir*, the *Nazir* needs to shave all of his hair and bring certain *korbanos*. But what if he made a promise to be a *Nazir* more than one time in a row? The Rambam answers this question too!

### PEREK HEY

In this *perek* we learn about the three things that are *Asur* for a *Nazir*:

- 1) He may not eat anything that comes from grapes
- 2) He may not cut his hair
- 3) He may not make himself *Tamei* with *Tumas Meis*.