

מצוות
עשה
#155

 We learn this mitzvah from Parshas Yisro: (שמות כ"ח)

זְכוֹר אֶת יוֹם הַשַּׁבָּת לְקַדְּשׁוֹ

Today's *mitzvah* is the same as yesterday's — “Remember Shabbos to keep it holy.”

The *Mechilta*, the *Midrash* of *halacha*, explains that this means to make a *bracha*. In *Gemara*, the *Chachomim* tell us to make this *bracha* over a cup of wine. The *Gemara* says we should make a *bracha* when Shabbos ends as well, to separate it from the rest of the days.

We keep this *mitzvah* by making *Kiddush* and *Havdalah*!



The details of this mitzvah are explained in Mishnayos & Gemara:
End of Mesechta Pesachim, many places in Mesechta Brachos and Shabbos

Rambam: Hilchos Shabbos

PEREK CHOF-ZAYIN

In this *perek*, we learn how far the *Techum Shabbos* is. According to the Torah, you are allowed to go 12 *mil*, because this is how big the camp of the Yidden was when they got this *mitzvah*. Moshe Rabbeinu told them not to go out past this camp, so we understand that the *Techum Shabbos* must be 12 *mil*. The *Chachomim* said, though, that we shouldn't go out even 1 *mil* past the city, which is 2,000 *amos*.

We also learn what happens if a person does go out past the *Techum* — it is *asur* for him to go in any direction until after Shabbos!

PEREK CHOF-CHES

We learn how to measure the *Techum* of a city.

PEREK CHOF-TES

In this *perek*, we learn the *halachos* of *Kiddush* and *Havdalah*, which is today's *mitzvah* in *Sefer Hamitzvos*! We learn what kind of wine to use for *Kiddush*, and that we need to make *Kiddush* in connection with a meal (“*Kiddush Bemakom Seudah*”). The Rambam also tells us why we need to have *besamim* in *Havdalah*: Because the *neschama* is sad that Shabbos is over, so we make it happier by giving it something good to smell.