

מִצְוֹת
לֹא תַעֲשֶׂה
#179

📖 We learn this mitzvah from Parshas Shemini: (דברים יד:כא)

אַל תִּשְׁקְצוּ אֶת
נַפְשֵׁיכֶם בְּכֹל הַשְּׂרֵץ
הַשְּׂרֵץ וְלֹא תִטְמְאוּ בָהֶם
וְנִטְמַתֶּם בָּם

We aren't allowed to eat any kind of bug (*sheretz*).

Al Teshaktzu

The *posuk* says that we shouldn't make ourselves disgusting ("Al Teshaktzu") by eating bugs.

This *mitzvah* also includes not doing other things that people consider disgusting, like eating or drinking yucky things.

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#180

📖 We learn this mitzvah from Parshas Re'eh: (שמות כא:כח)

לֹא תֹאכְלוּ כֹל נֵבֵלָה

We are not allowed to eat an animal that died without a proper *shechitah*. This is called a *Neveilah*.

מִצְוֹת
לֹא תַעֲשֶׂה
#188

📌 We learn this mitzvah from Parshas Mishpatim: (שמות כ"ב:)

וְלֹא יֵאָכַל אֶת בְּשָׂרוֹ

We are not allowed to eat an animal that the *Beis Din* *paskened* that it needs to be killed. This is called a *Shor Haniskal*, and we can't eat its meat even if it was *shechted* properly. (For example, if an animal killed a person, the *Beis Din* *paskens* that it needs to be killed.)

Rambam: Hilchos Maachalos Asuros

PEREK CHES

We learn about the part of an animal called *Gid Hanasheh*, which we aren't allowed to eat. We learn that we are allowed to sell non-kosher animals to *goyim*.

PEREK TES

We learn many *halachos* about not eating or cooking milk and meat together (*Basar BeChalav*). One *halacha* is that we aren't allowed to make *milchige* bread that looks like regular bread, because someone might eat it with *fleishigs* by mistake.

PEREK YUD

All of the non-kosher foods we learned about before are with animals. In this *perek* we learn about things that grow that are not kosher. Here are some of those things that the Rambam speaks about in this *perek*:

- *Chadash*: We are not allowed to eat new grain until we bring the *Korban Omer*.

- *Kilai Hakerem*: We are not allowed to grow different plants together or too close to each other.

- *Tevel*: We are not allowed to eat food before we bring the *Terumah* and *Maaser* from it.

- *Orlah*: We are not allowed to eat from a fruit tree before it grows for at least three years.